

### Participant Agreement Form

This document contains information about equine-facilitated activities and the policies and services provided by Free Reins Equine. These policies will help promote a trusting and productive relationship. Please read it carefully and let us know if you have any questions.

## Participation in Equine Activities

Please Initial \_\_\_\_\_

Equine coaching activities consists of work and relational development between participant, practitioner, and equines (horses). With equine-facilitated activities, the aim is to develop your communication and relationship building skills through interacting with horses on the ground. Equine activities emphasize working in partnership with the participants in order to raise awareness of the way they experience the world around them.

The first few sessions will involve an evaluation of participant's needs. If at any point during the session, it is assessed that equine activities are not effective in helping the participant reach their goals, alternative options will be discussed to find the most appropriate course of action for the participant.

These activities are voluntary and you may withdraw at any time. It is understood that the equine-facilitated activities provided by Free Reins Equine/Brittany Hemric are NOT psychotherapy or counseling.

| Confidentiality   |
|---|
| Free Reins Equine and their equine activities adhere to very strict confidentiality standards and maintains confidentiality about participation in equine activities and what is discussed during the sessions. We ask that participants in group sessions maintain confidentiality for others in the group also. |
| Please Initial  |



#### Financial Agreements

Participants are expected to pay by credit card prior to or at the start of service. The cost for an individual equine-facilitated activity session is \$XXX; participation in group sessions is \$XXX. Session blocks of either 5 sessions at \$XXX or 10 sessions at \$XXX can be purchased. There is no participation in any healthcare insurance for this service. If participant refuses to pay their debt, the right is reserved to use an attorney, or collection agency to secure payment.

| Please Initial |  |  |
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# Session Agreements and Cancellation Policy

Equine-facilitated activity sessions are scheduled for a specific amount of time. Individual sessions are 60 minutes; family sessions are two (2) hours; and groups are 90 minutes. Participant is expected to show up on time for sessions. If participant is late, participant may not be able to have a full session, but will be charged as such. Cancellation is required at least 24 hours before the scheduled session time. In the event that a session is not cancelled within 24 hours, or if the participant fails to show up for their session without prior notice, participant will be charged the FULL amount of the session and no refunds will be given. If a participant has purchased a session package, the session will be deducted from the session package. If the participant has purchased a session block, the session will be deducted from the session package. Free Reins Equine reserves the right to terminate sessions with the participant if there is a breach in safety or if there are violations of policies set forth in this form.

| Please Initial |  |
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# Liability Release and Consent for Equine Activities

| I,  |          |  |  |  |
|---|----------|--|--|--|
|   |          |  |  |  |
| Participant Signature                           | Date     |  |  |  |
| Participant's Parent or Guardian (if under 18)  | Date     |  |  |  |
| Additional Participant Signature (for families) | Date     |  |  |  |
| Additional Participant Signature (for families) | <br>Date |  |  |  |